

Timetable of WEEKDAY walks MAY – AUGUST 2024

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Hertford and Area Walks and meeting point	Day/time	Date	Information
Sele Farm and Panshanger Park Meet on grassed area outside the shops, Fleming Crescent / Tudor Way, Hertford, SG14 2DJ. (Join us for cuppa afterwards from 11am at The Golden Griffin Pub. Last Monday of the month)	Mondays 10:00 am	Every (No walks May 6, 27 Aug 26)	GRADE 2
			GRADE 3-4
Bengeo and Waterford Marsh Meet on the grassed area opposite the shops on The Avenue, near the junction with Cowper Crescent, SG14 3DU. (Join us for a cuppa in the Secret Garden Cafe afterwards)	Tuesdays 10am	Every	GRADE 3-4
Hertford and Hartham Common Meet at the fountain outside Café Nero/The White Hart pub on Salisbury Square, Hertford, SG14 1BE	Wednesdays 10:15 am	Every	GRADE 1
Sele Farm Meet on grassed area outside the shops, Fleming Crescent / Tudor Way, Hertford, SG14 2DJ (Join us for a cuppa afterwards)	Thursdays 10am	Every	FIRST STEPS (Suitable for wheel chair and buggy users)
Ware - TASTER WALKS CONTINUING Meet at Southern Maltings, Kibes Ln, Ware SG12 7BS (Join us for a free cuppa afterwards in Local Social's Community Café)	Fridays 10:00 am	Every	FIRST STEPS (Suitable for wheel chair and buggy users)
Stanstead Abbots Meet in the Red Lion pub car park, 1 High Street, Stanstead Abbots, SG12 8AA (Join us for a cuppa in Red Lion afterwards)	Fridays 10:00 am	Every	GRADE 3-4
Hartham Common Meet by the bench near Hartham Leisure Centre, Hartham Common, Hertford, SG14 1QR	Sundays 2 pm	Every	GRADE 3-4
Grade 4+ Progression Walk			
Wadesmill, near Ware Meet at The Feathers Pub, 49 Cambridge Road, SG12 0TN. (Join us for a cuppa in the Feathers afterwards)	Monthly 10:00am (3 rd Thursday)	May 16 June 20 July 18 Aug 15	GRADE 4 + Longer than 90 minutes
Summer evening walks			
Bengeo Meet on the grassed area opposite the shops on The Avenue, near the junction with Cowper Crescent, SG14 3DU	Wednesday evenings 7pm	May 1, 8, 15, 22, 29	GRADE 3
Ware Meet at the Library car park (next to the footbridge over the River Lea), Burgage Lane, SG12 9XF	Wednesday evenings 7pm	June 5, 12, 19, 26	GRADE 3

Panshanger Park Meet Thieves Lane car park, off A414. nearest postcode SG14 2WN	Wednesday evenings 7pm	Jul 3, 10, 17, 24, 31	GRADE 3
Hartham Common Meet by bench near Hartham Leisure Centre, Hertford, SG14 1QR	Wednesday evenings 7pm	Aug 7, 14, 21, 28	GRADE 3

All walks are FREE with no booking is required. Just turn up 10 minutes before a walk or 15 minutes before your first walk to register as a new walker or you can register and pre-book online if you prefer. Walks range from a gentle First Steps (20-30 minutes) and increase in length and time from Grade 1 (30 mins) up to Grade 4 (90 mins) unless otherwise stated. Contact us: T: 01992 555888 E: Healthwalks.cms@hertfordshire.gov.uk or visit www.hertfordshire.gov.uk/healthwalks

Bishop's Stortford and Area Walks and meeting point	Day/time	Date	Information
Thorley Health Walk Meet at main Car Park opposite St. Barnabas Centre. Church of St. James the Great, Church Lane, Thorley, Bishop's Stortford CM23 4BE	Alternate Mondays 10 am	May 6, 20 June 3, 17 July 1, 15, 29 Aug 12, 26	GRADE 3
Stanstead Abbots Meet in the Red Lion pub car park, 1 High Street, Stanstead Abbots, SG12 8AA (Join us for a cuppa in Red Lion afterwards)	Fridays 10:00 am	Every	GRADE 3-4
Castle Park Meet at the entrance to Castle Park by the Link Road car park, CM23 2EL	Alternate Fridays 10:15 am	May 3, 17, 31 June 14, 28 July 12, 26 Aug 9, 23	FIRST STEPS (Suitable for wheel chair and buggy users)
	Alternate Fridays 11:00 am	May 3, 17, 31 June 14, 28 July 12, 26 Aug 9, 23	GRADE 1
	Alternate Fridays 12:00 noon	May 3, 17, 31 June 14, 28 July 12, 26 Aug 9, 23	GRADE 2
Grade 4+ Progression Walk			
Wadesmill, near Ware Meet at The Feathers Pub, 49 Cambridge Road SG12 0TN. (Join us for a cuppa in the Feathers afterwards)	Monthly 10:00am (3 rd Thursday)	May 16 June 20 July 18 Aug 15	GRADE 4 + Longer than 90 minutes

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